

# Our Model for Community Based Health and Social Care

Citizen focussed , based around achieving “What Matters” to them

GP Practices working as part of mature Clusters to meet need and build resilience

Building and relying on a strong and resilient communities

Workforce models which support local need

Estates and use of digital technology supports integration and improved co-ordination

Care sector is sustainable and able to be flexible to meet demand

7 day extended hours model of integrated care

Focus on prudent use of resources across the health and social care economy

## HOSPITAL IN-REACH

Proactive work to pull people out of hospital and back into the community.

Focus on Discharge to Assess principles and “Home First” approach.

- Home First Bureau and CRT (Step Down)
- Hospital Social Workers
- Step Down Services
- Trusted Assessor for formal care arrangements
- CHC
- Primary Care
- Community Mental Health
- Care Providers

## LOCALITY LED MDT WORKING

MDT for care planning and delivery led by locality based team members. Rapid triage into MDT after referrals made into County level SPOA. Focus on frailty/complex needs to avoid escalation and/or admission to hospital/long term care

- Primary Care
- Community Nursing (DNs)
- COTE
- Mental Health
- Locality Social Workers
- Third Sector, Social Prescribers, Community Agents
- Consultant access
- Medicines Mgt/Pharmacy

## LONG TERM MANAGEMENT AND SUPPORT OF INDIVIDUALS IN THE COMMUNITY

Integrated support and care to individuals at home. Increased focus on the use of shared approaches to the use of data and systems to facilitate joint working. Focus on promotion of independence and carer support.

- Locality Social Workers
- Therapies
- CRT (Step Up)
- Primary Care
- Third Sector, Social Prescribing and Community Agents
- Community Mental Health
- Emergency Duty
- Care Providers

## NAVIGATION & CO-ORDINATION

County level access and referral points into Adult Social Services and the step up CRT

- Adult Social Services
- CRT
- Social Prescribing

## ANTICIPATORY CARE PLANNING / PREVENTION

Preventative activity at population level based on intelligence driven planning and risk stratification. Focus on management of care needs for an individual through a co-ordinated approach to care planning with engagement of the patient and family.

- Care Providers - GPs and Out of Hours
- Meds Mgt/Pharmacies - Social Prescribers
- Social Workers - Community Agents
- District Nursing
- Therapies
- Third Sector
- Mental Health